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Food and Nutrition Program



• First Edition, © 2014 • Grades 9-12



www.mhefamilystudiescanada.ca

- Table of Contents
- Curriculum Correlations
- Online Samples
- More Information

This flexible new program allows you to choose the content you need in the format you prefer.

→ STUDENT EDITION

- Engaging high-interest activities with up-to-date Canadian content on issues combining hands-on education, practical application of knowledge, and the development of critical thinking and research skills

→ CONNECTSCHOOL FOR STUDENTS

- Complete interactive student resource with personalization tools and integrated learning assets including videos, interactive lessons and activities, self-study quizzes and study plans

→ TEACHER'S RESOURCE (PRINT+ CD-ROM+ ONLINE)

- Includes ready-made lesson plans and assessment and evaluation strategies
- Includes a CD-ROM containing a PDF of the full print Teacher's Resource with modifiable blackline masters and a CD-ROM with the photos and images from the Student Edition to include in PowerPoints or on worksheets

→ CONNECTSCHOOL FOR TEACHERS

- Fully Integrated powerful Teaching & Learning Program with all your teaching materials in one location. Includes complete interactive student resource, Teacher resource, a wealth of media assets, PowerPoints, interactive lessons and activities, quiz builder and the ability to customize your course content.

GRADES 9-10

Food Preparation: An Introduction	
Student Edition (print, softcover) 9781259030895	\$26.10
Teacher's Resource (Print+Online+CD-ROM) 9781259031199	\$104.50
CONNECTschool Teacher 5-yr access (up to 2 teachers) 9781259031175 (shipped)	\$150.00
9781259855290 (emailed)*	\$150.00
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9781259855337 (emailed)*	
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25-99	\$7.25
100+	\$6.15
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1-9	\$35.49
10-24	\$32.87
25-99	\$31.69
100+	\$29.03

Nutrition and Healthy Eating: An Introduction	
Student Edition Print (print, softcover) 9781259030901	\$26.10
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10-24	\$32.87
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Student Edition Print (print, softcover) 9781259030871	\$26.10
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For order information and technology support, see page 23.

3 for 1 Teacher CONNECTschool Access

5 Year Access (up to 2 teachers per title) Includes : Foods Preparation, Nutrition and Healthy Eating, and Food in Society access 9781259463044	\$300.00
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GRADES 11-12

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Food Preparation: Foundations and Techniques	
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10-24	\$32.87
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100+	\$29.03

Food in Society: The Economy, the Environment, and Culture	
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25-99	\$31.69
100+	\$29.03

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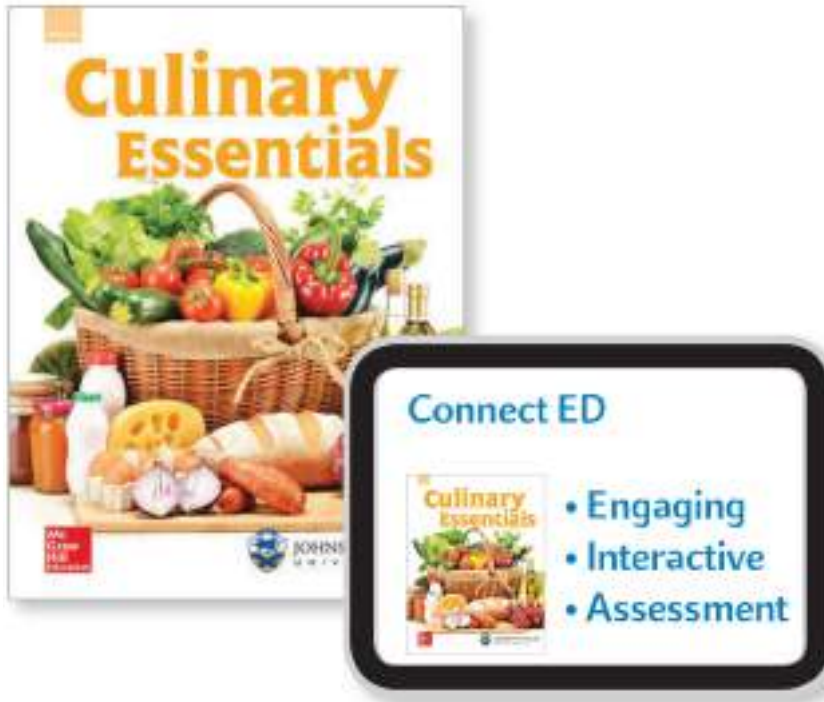
For order information and technology support, see page 23.

3 for 1 Teacher CONNECTschool Access

5 Year Access (up to 2 teachers per title) Includes : Foods Preparation, Nutrition and Healthy Eating, and Food in Society access 9781259463051	\$300.00
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Culinary Essentials

• Johnson & Wales University • Fourth Edition, © 2016 • Grades 10-12



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Culinary Essentials teaches students the essential knowledge and skills needed to become culinary professionals and work in a professional food service environment. *Culinary Essentials* exposes students to real-world culinary careers and the practical business aspects of working in a food service setting.

The text focuses on:

- Safety and sanitation
- The value of quality customer service, and foodservice management and standards
- Lab-based food preparation, cooking techniques and culinary nutrition
- Menu planning and development, and standardized recipes

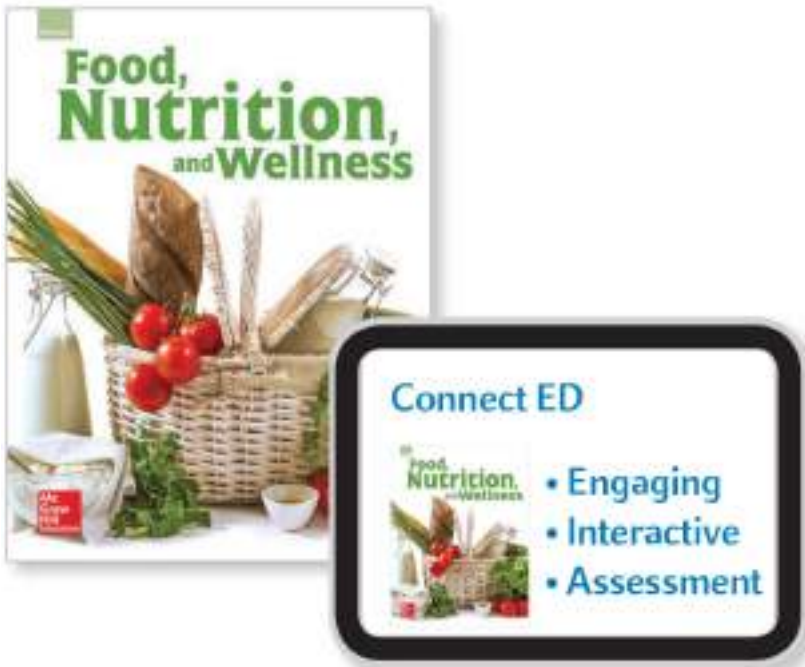
Student Edition (Print)	
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9780021392704	\$16.57
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6-year bundle	
9780021398065	\$111.75
1-year bundle	
9780021397723	\$96.58

Online Teacher Center	
6-year subscription	
9780021428472	\$239.95
1-year subscription	
9780021428489	\$55.97

For information on subscription orders and technology support, see page 23.

Food, Nutrition and Wellness

• Duyff • © 2016 • Grades 7-10



www.mhefamilystudiescanada.ca

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Food, Nutrition & Wellness teaches students the skills they need to make healthful food choices, prepare nutritious meals, and bring physical activity and wellness practices into their daily lives.

The text focuses on the wellness of mind and body, food and kitchen safety, and the qualities, varieties, and combinations of foods.

Unit projects provide an opportunity for students to apply what they learned to a hands-on activity designed to be academically rigorous and personally relevant and help students build relationships at home, school, work, and in the community.

Student Edition (Print) 9780021402564	\$82.78	Print and Online Student Edition 6-year bundle 9780021397945	\$111.75
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1-year subscription 9780021399604	\$16.57	Online Teacher Center 6-year subscription 9780021399628	\$239.95
		1-year subscription 9780021399635	\$55.97

For information on subscription orders and technology support, see page 23.

Parenting

Raising Healthy Children

Author Team: Mary Fam, Peel District School Board, Wilma Nicholls, Grand Erie District School Board Senior Consultant: Paula Aquino, School District #33 Chilliwack • First Edition, ©2014 • Grades 10–12



www.mhefamilystudiescanada.ca

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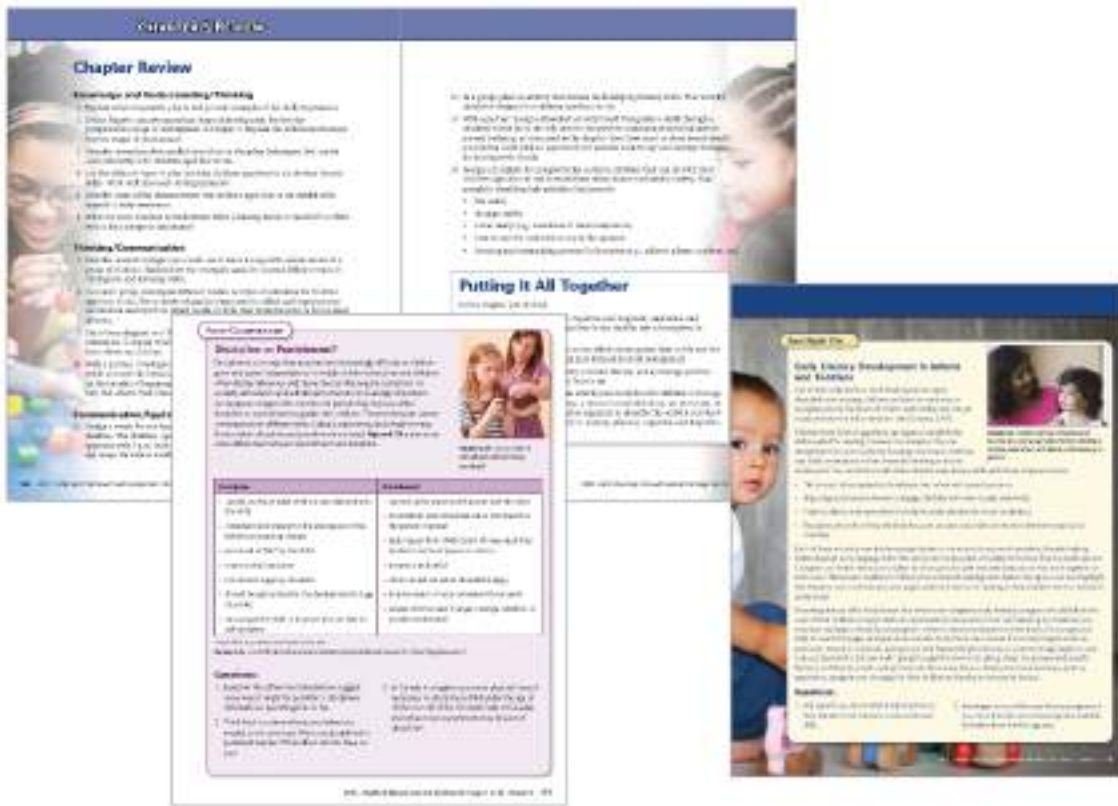
The *Parenting: Raising Healthy Children* program combines engaging, high-interest activities with up-to-date Canadian content through hands-on education, and practical application of knowledge. Case studies provide real world content that students can relate to.

→ STUDENT EDITION

- Focuses on the skills and knowledge required for the curriculum, including maternal health, pregnancy, birth, and human development (birth to six years old)
- Develops students' research and inquiry skills as they investigate caregiving and child rearing
- Skill development and critical thinking skills are integrated throughout the text
- Develops students' knowledge of the developmental needs of young children, and how to guide their early development through practical hands-on experience

→ CONNECTSCHOOL STUDENT

- Complete interactive student resource with personalization tools and integrated learning assets including videos, interactive lessons and activities, self-study quizzes and study plans



➔ **TEACHER'S RESOURCE (Print, CD-ROM, and Online)**

- Detailed lesson plans and assessment and evaluation strategies along with related rubrics, blackline masters and an image bank of photos and illustrations from the student edition

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25-99	\$7.25
100+	\$6.15

Print Student edition with CONNECTschool Student Access per student, per course	
9781259651106	
1-9	\$48.41
10-24	\$45.79
25-99	\$44.61
100+	\$41.27

*Purchase online only.

For CONNECTschool technology support visit www.connectschool.ca/support.

For order information and technology support, see page 23.

Child Care

Working with Infants, Children, and Adolescents

Laurie Chapman, Avon Maitland District School Board; Val Hodowanski, Durham Region District School Board; Sue Shepski, Avon Maitland District School Board • First Edition, ©2014 • Grades 10–12



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This new program combines engaging high-interest activities with up-to-date Canadian content through hands-on education, and practical application of knowledge.

→ STUDENT EDITION

- Develops students' research and observation skills
- Supports practical hands-on experience with children
- Highlights breadth of career opportunities related to working with children
- Skill development and critical thinking skills are integrated throughout the text
- Facilitates evaluation of current research related to early childhood learning
- Relevant case studies provide real-world content that students can relate to

→ CONNECTSCHOOL STUDENT

- Complete interactive student resource with personalization tools and integrated learning assets including videos, interactive lessons and activities, self-study quizzes and study plans



➔ **TEACHER'S RESOURCE (Print, CD-ROM, and Online)**

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Teacher's Resource (Print + Online + CD-ROM) 9781259089145	\$365.93	1-9	\$48.41
CONNECTschool Teacher 5 year access (up to 2 teachers) 9781259088476 (shipped)	\$150.00	10-24	\$45.79
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25-99	\$7.25		
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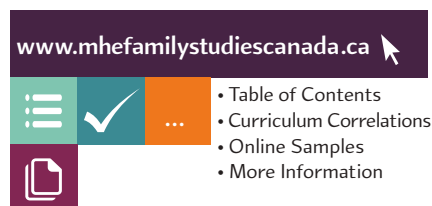
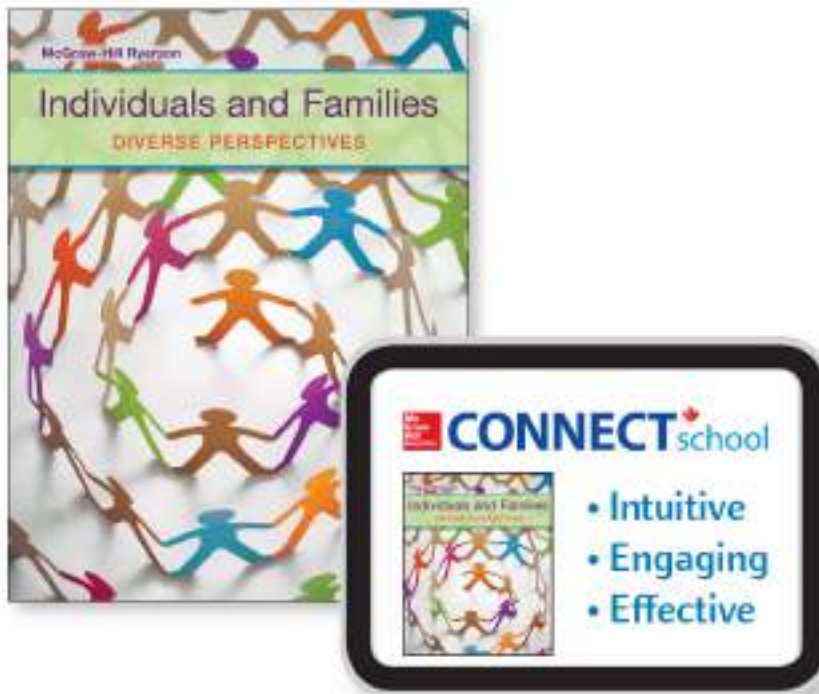
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Individuals and Families

Diverse Perspectives

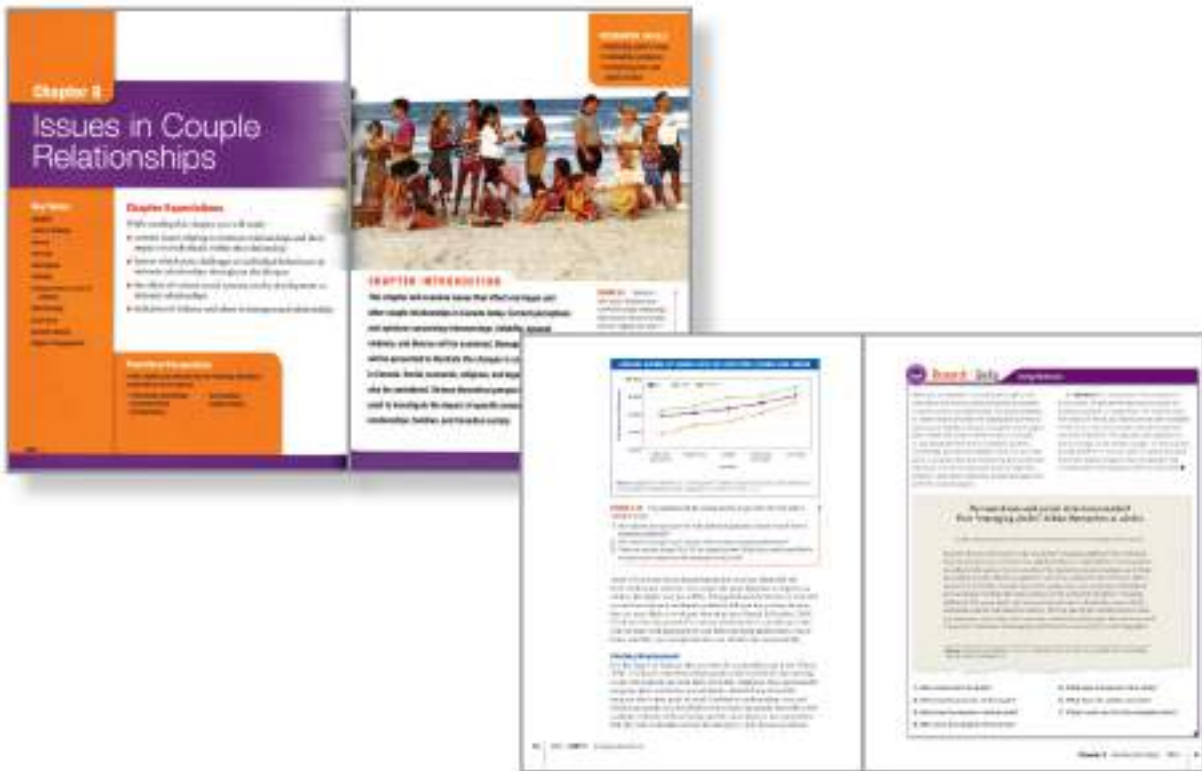
• Senior Author: Maureen Holloway • Authors: Garth Holloway, Jane Witte • First Canadian Edition, © 2010 • Grade 12



Individuals and Families: Diverse Perspectives is a resource written for both the University- and College-level student. It has been specifically developed for the realities facing Canadian individuals and families in the 21st century.

→ STUDENT EDITION

- Provides a strong foundation in the most current theoretical perspectives of the issues facing diverse Canadian families and individuals today
- Focus on issues faced by families and individuals throughout the life cycle, providing links between the stages and highlighting issues that are relevant at different stages
- Rich questions and activities are provided for students in both courses
- Case Studies provide real-life examples of challenges for members of a sample family during different stages of life
- Current Canadian data represented through various types of charts, tables and graphs
- Students in both the University and College courses are given opportunities to succeed through a variety of features



➔ **CONNECTSCHOOL FOR STUDENTS**

- Complete interactive student resource with personalization tools and integrated learning assets including videos, interactive lessons and activities, self-study quizzes and study plans

➔ **TEACHER’S RESOURCE (PRINT, CD-ROM AND ONLINE)**

- Unique Ready Made lesson plans for the University level course and the College level course with course specific assessment and evaluation strategies and rubrics

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Teacher’s Resource (Print + CD-ROM + Online) 9780070739734	\$342.74	1-9	\$93.43
CONNECTschool Teacher 5 year access (up to 2 teachers) 9780070896901 (shipped)	\$400.00	10-24	\$91.06
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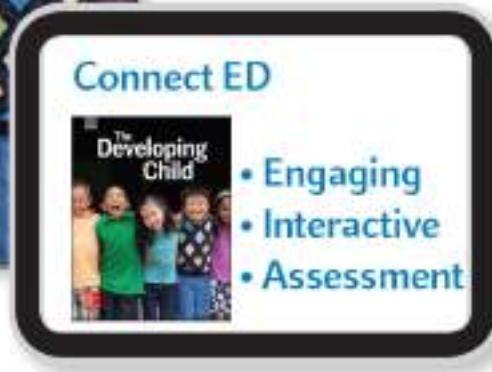
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The Developing Child

• Brisbane • Twelfth Edition, © 2016 • Grades 10-12



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The Developing Child is a comprehensive, up-to-date overview of the ages and stages of child development from conception through adolescence. The text focuses on understanding through observation and scientific approach.

→ STUDENT EDITION

- Developing Brain, Learning through Play, and Safe Child/Healthy Child features and activities
- Information and activities about children with special needs and children from other cultures
- New content on domestic violence against children and among adults; cyber bullying and internet safety; social media safety; online privacy; and setting limits on time using technology
- Unit projects are real-world applications that reinforce essential concepts

Student Edition (print) 9780021399994	\$82.78
Online Student Edition 6-year subscription 9780021398744	\$82.78
1-year subscription 9780021399055	\$16.57

Print and Online Student Edition 6-year bundle 9780021378319	\$111.75
1-year bundle 9780021378326	\$96.58

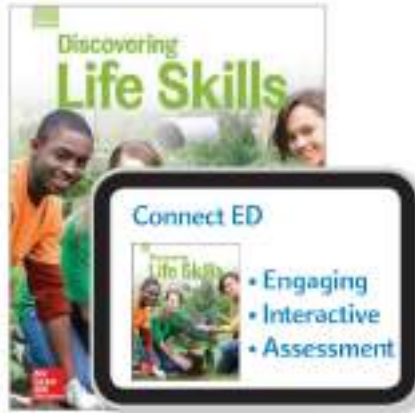
Online Teacher Center 6-year subscription 9780021399062	\$239.95
1-year subscription 9780021399079	\$55.97

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Discovering Life Skills

• Couch • © 2016 • Grades 6-8

This resource prepares students for the future by encouraging them to discover exciting career paths, determine goals, and manage their lives.



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Student Edition (print)	
9780021400492	\$72.05
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9780021426782	\$14.40
Print and Online Student Edition	
6-year bundle	
9780021378449	\$97.27
1-year bundle	
9780021378456	\$84.05

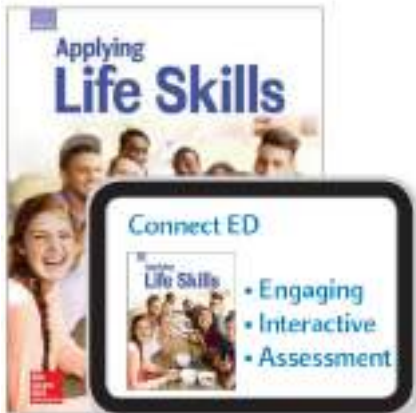
Online Teacher Center	
6-year subscription	
9780021426799	\$239.95
1-year subscription	
9780021426805	\$55.97

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Applying Life Skills

• Couch • © 2016 • Grades 8-10

Applying Life Skills builds students' understanding of personal development as they mature and become responsible young adults. Students learn about the importance of setting and achieving goals and how to use character, ethics, and values to guide their decisions.



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9780021395903	\$80.21
1-year subscription	
9780021428977	\$16.03
Print and Online Student Edition	
6-year bundle	
9780021397693	\$108.28
1-year bundle	
9780021397709	\$93.59

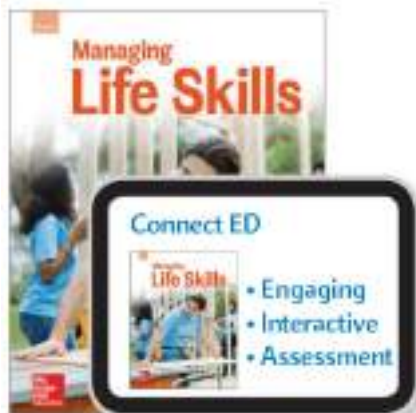
Online Teacher Center	
6-year subscription	
9780021429004	\$239.95
1-year subscription	
9780021429066	\$55.97

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Managing Life Skills

• Couch • © 2016 • Grades 10-12

Managing Life Skills enhances students' independent living skills and prepares them for success beyond high school. Important life skills such as the ability to set and meet goals, adapt to change, and face challenges in a positive way are discussed.



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9780021395682	\$87.02
1-year subscription	
9780021413300	\$17.43
Print and Online Student Edition	
6-year bundle	
9780021398188	\$117.50
1-year bundle	
9780021398225	\$101.55

Online Teacher Center	
6-year subscription	
9780021412181	\$239.95
1-year subscription	
9780021412228	\$55.97

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Social Science

An Introduction

• Senior Author: Jan Haskings-Winner, Toronto District School Board; Authors: Rachel Collishaw, Ottawa-Carlton District School Board; Sandra Kritzer, Upper Grand District School Board; Patricia Warecki, York Catholic District School Board • © 2011, Grade 11



www.mhesocialstudiescanada.ca

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Social Science: An Introduction is a new program that covers Anthropology, Psychology, and Sociology for both the University and College level grade 11 student. Two programs in one!

→ STUDENT EDITION

- Provides students with opportunities to think critically about theories, questions, and issues related to anthropology, psychology, and sociology
- Develops students' understanding of the approaches and research methods used by social scientists
- Provides opportunities to explore theories from a variety of perspectives, to conduct social science research, and to become familiar with current thinking on a range of issues within the three disciplines
- Reinforces skill development through various research features and opportunities for in-depth analysis



→ **CONNECTSCHOOL FOR STUDENTS**

- Complete interactive student resource with personalization tools and integrated learning assets including videos, interactive lessons and activities, self-study quizzes and study plans

→ **TEACHER’S RESOURCE (PRINT, CD-ROM AND ONLINE)**

- Includes two complete sets of lesson plans: University and College
- Features strategies for combining both courses
- Detailed assessment and evaluation strategies along with related rubrics and checklists, modifiable blackline masters and an image bank of photos and illustrations from the student text

→ **CONNECTSCHOOL FOR TEACHERS**

- Fully Integrated powerful Teaching and Learning Program with all your teaching materials in one location. Includes complete interactive student resource, Teacher resource, a wealth of media assets, PowerPoints, interactive lessons and activities, quiz builder and the ability to customize your course content.

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Teacher’s Resource (Print + CD-ROM + Online) 9780071058438	\$342.74	1-9	\$91.11
CONNECTschool Teacher 5 year access (up to 2 teachers) 9780070897458 (shipped)	\$400.00	10-24	\$88.73
9781259855887 (emailed)*	\$400.00	25-99	\$86.98
CONNECTschool Student Access per student, per course 9781259650154 (shipped)		100+	\$80.91
9781259855863 (emailed)*			
1-9	\$15.00		
10-24	\$12.50		
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**Purchase online only.*

*For CONNecTschool technology support visit
www.connectschool.ca/support.*

*For order information and technology support,
see page 23.*

Challenge and Change

Patterns, Trends, and Shifts in Society

• Trisha De Coeur, Catholic District School Board of Eastern Ontario; Christopher Rawes, Avon Maitland District School Board; Patricia Warecki, York Region Catholic District School Board • © 2012, Grade 12



www.mhesocialstudiescanada.ca

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This program examines theories and methodologies used in the social sciences to investigate and explain shifts in knowledge, attitudes, beliefs, and behaviour and their impact on society. The student edition focuses on core ideas, supported by key concepts, relevant cases, and tested hands-on experiments and activities.

→ STUDENT EDITION

- Highlights the use of social science theories, perspectives, and methodologies and their impact on society
- Helps students critically analyze how and why cultural, social, and behavioural patterns change over time
- Explores the ideas of social theorists and provides students with the tools to analyze challenges such as technological change, deviance, and global inequalities
- Develops social science research methods used to study social change
- Skill development and critical thinking skills are integrated throughout the text



→ CONNECTSCHOOL FOR STUDENTS

- Complete interactive student resource with personalization tools and integrated learning assets including videos, interactive lessons and activities, self-study quizzes and study plans

→ TEACHER’S RESOURCE (PRINT+ CD-ROM+ONLINE)

- Detailed assessment and evaluation strategies along with related rubrics and checklists, modifiable blackline masters and an image bank of photos and illustrations from the student text

→ CONNECTSCHOOL FOR TEACHERS

- Fully Integrated powerful Teaching and Learning Program with all your teaching materials in one location. Includes complete interactive student resource, Teacher resource, a wealth of media assets, PowerPoints, interactive lessons and activities, quiz builder and the ability to customize your course content.

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