










# Student Self-Evaluation Rating Scale: Active Listening

Learning Activity \_\_\_\_\_

**How did I do today with active listening?**

| <b>This is what active listening looks like:</b> | <b>Most of the Time</b>   | <b>Some of the Time</b>   | <b>Not very Often</b>   |
|--|---|---|---|
| I looked at the speaker.                         |  |  |  |
| I kept my body still and my mouth quiet.         |  |  |  |
| I thought about what was being said.             |  |  |  |

Next time during a listening activity, I will focus on

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