



Grade 1 – Supporting Catholic Teaching in the *Our World* Program

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ACTIVITY Charts

**Grade 1
Unit 1: Me and My World**

Grade 1	Lesson 1: We Belong!
<i>This activity can strengthen the teaching of Catholic values and virtues:</i>	<p>Page: 8 Activity Title: Belonging Circles Outcome(s): 1.1.1.1; and 1.1.3.1 To help students explore ways they belong to their community of faith, ask students to help you create a Belonging Circle. Draw a series of concentric circles on the chalkboard or on chart paper. You can start in the centre with the stick figure of one person. Label this person “Me.” Tell students that this represents each one of them as a separate unique person.</p> <p>Explain to students that every person belongs with other people and to God. Ask students what is the first group to which they belonged. Write “Family of God” in the first circle. Write “My Family” in the next circle, and continue the exploration of belonging into the next circles—for example, community, province, country, and world.</p>
<i>This activity centres on Catholic values and virtues such as....</i>	<p>The value of the human being as precious and unique Love and caring for self and others A sense of belonging within the Catholic community The circle as a symbol of eternal life promised by Jesus</p>
Grade 1	Lesson 2: How Belonging Helps Us
<i>This activity can strengthen the teaching of Catholic values and virtues:</i>	<p>Page: 12 Activity Title: Called by Name Outcome(s): 1.1.1.1; and 1.1.3.4 After the students have reflected on some of the benefits that they gain from being members of a classroom community, talk about the importance of welcoming. Tell them that God calls each of us by name. Each person’s name is their own and is important. Explain to the students that by calling each other by name we make each other feel welcome in our community. Ask them how they would make a new student feel welcome in their classroom. Provide each student with a piece of paper on which they will print their name in their best printing. Around their name, they will draw one way in which they would make a new student feel welcome. They will share their names and ideas in their Belonging Circle.</p>
<i>This activity centres on Catholic values and virtues such as....</i>	<p>We belong to God and the Catholic community We grow and are fulfilled in relationship to God and one another Call to Family, Community, and Participation</p>

Grade 1	Lesson 3: We belong to different groups and communities.
<i>This activity can strengthen the teaching of Catholic values and virtues:</i>	Page: 18 Activity Title: Belonging to Groups and Communities Outcome(s): 1.1.3.1; and 1.1.3.3 Ask students to recall discussions and their Belonging Circle of groups and communities to which they belong. Recall that as Catholics we belong to the family of God. Draw a web with a church - symbolizing the family of God - at the centre of the web. Have them put themselves inside the church. Remind the students that we are called to spread the Good News about God to all those we meet. Draw paths from the church leading to the various groups and communities to which they belong.
<i>This activity centres on Catholic values and virtues such as....</i>	A sense of belonging to the Catholic community Call to Family, Community, and Participation Solidarity of the Human Family
Grade 1	Lesson 4: How do we recognize different groups and communities?
<i>This activity can strengthen the teaching of Catholic values and virtues:</i>	Page: 23 Activity Title: Symbols of a Catholic School Community Outcome(s): 1.1.1.1; and 1.1.3.2 In this activity, discuss the symbols and signs that make your school a Catholic community. Show samples of symbols in your classroom, and share their meaning with the students. Tell the students you will be going on a Catholic symbol hunt inside and outside the school. The students will let you know when they spot a symbol, and you will record that symbol. You (or the students) can take a digital picture of the symbol. These can be printed off for a bulletin board display.
<i>This activity centres on Catholic values and virtues such as....</i>	A symbol indicates a presence which cannot be seen or touched or understood completely—a mystery. The mystery of God. Call to Family, Community, and Participation
Grade 1	Lesson 5: What are our rights?
<i>This activity can strengthen the teaching of Catholic values and virtues:</i>	Page: 29 Activity Title: Human Rights Posters Outcome(s): 1.1.3.5 Tell students that they will be working together to create large posters to represent their rights either at home, at school, or in the wider community. Tell the children that as Catholics, a community of the followers of Jesus, we believe that all people have the right to food, clothing, shelter, water, and to be treated fairly and with respect.
<i>This activity centres on Catholic values and virtues such as....</i>	An increasing awareness of Life and Dignity of the Human Person Commitment of oneself to the common good Option for the Poor and Vulnerable and Dignity of Work and Rights of Workers—Social Justice
Grade 1	Lesson 6: What are our responsibilities?
<i>This activity can strengthen the teaching of Catholic values and</i>	Page: 33 Activity Title: T-Chart: My Mission From God

<p><i>virtues:</i></p>	<p>Outcome(s): 1.1.2.2; and 1.1.3.5</p> <p>Review concepts of rights and responsibilities and how they are connected in the Catholic perspective to help students appreciate how respecting the rights of others is our main focus as Catholic citizens in God’s world—the world God made for us to live in. Jesus showed us what it means to be responsible for others through the Gospels. The Gospels show us how others should be treated, especially those who have less than we do and those whom others do not include in their groups. You will create a T-Chart of what the students suggest are rights and personal responsibilities they have as Catholics to carry out God’s plan.</p>
<p><i>This activity centres on Catholic values and virtues such as....</i></p>	<p>We are called to carry out the rights and responsibilities which were given to us through the sacrament of Baptism—</p> <ul style="list-style-type: none"> to love God to love our neighbour as ourselves to bring about the mission of the Church, through which we participate in God’s redemptive activity to bring forth the kingdom

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Unit 2: Contributing to Our Community

Grade 1	Lesson 7: We contribute and help each other!
<i>This activity can strengthen the teaching of Catholic values and virtues:</i>	<p>Page: 44 Activity Title: How can we contribute? Outcome(s): 1.1.4.3 Review with the students some of the many ways they have learned about how God wants people to contribute to and help their communities. Using BLM 5, Creating a Picture, Telling My Story, ask students to create a picture of themselves contributing and helping within their home, school, or larger community. The students will present it to the class.</p>
<i>This activity centres on Catholic values and virtues such as....</i>	<p>Rights and Responsibilities of the Human Person Articulation of Faith</p>
	Lesson 8: Cooperating to Make Stone Soup
<i>This activity can strengthen the teaching of Catholic values and virtues:</i>	<p>Page: 48 Activity Title: Contribute Cooperatively! Outcome(s): 1.1.2.1; and 1.1.2.3; and 1.1.4.1; and 1.1.4.4 Ask students to work in groups to create a collage of images related to what cooperation means to them. Remind them to think about what cooperation means, who some people are that you cooperate with, ways to cooperate, and places where you cooperate with other people. Remind the students that God asks us to share the goods of the earth so that everyone is able to meet their needs. It is our responsibility as Catholics to work to resolve issues peacefully, in the way Jesus taught us through the Gospels. The students will share with their classmates how their collage illustrates cooperation.</p>
<i>This activity centres on Catholic values and virtues such as....</i>	<p>Option for the Poor and Vulnerable Social Justice—as the responsibility of society to protect the dignity of all human persons so that each may be able to participate in society</p>
Grade 1	Lesson 9: We contribute to our community.
<i>This activity can strengthen the teaching of Catholic values and virtues:</i>	<p>Page: 53 Activity Title: Serving Our Community Outcome(s): 1.1.4.3; and 1.1.4.4 Ask the students to work in pairs to complete BLM 6, The Doughnut Organizer, to show some of the ways that they might contribute if their school was to create such a garden. Jesus taught us to live out our faith in family and in our community, not only by doing one project, but to continue throughout our lives to find ways in which we can be of service to others—our personal vocation—something that is ongoing, a way of life. The choices we make affect ourselves and those around us.</p>

<i>This activity centres on Catholic values and virtues such as....</i>	Call to Family, Community, and Participation Rights and Responsibilities of the Human Person
Grade 1	Lesson 10: Taking Care of Our World
<i>This activity can strengthen the teaching of Catholic values and virtues:</i>	Page: 58 Activity Title: Care for God’s Creation Outcome(s): 1.1.2.4; and 1.1.4.5 Have the students listen to a story about creation based on the book of Genesis. Discuss that God has given us the responsibility to take care of the earth—God’s gift to us. Without this care, the earth will not flourish. Take the students on a community walk looking for evidence that shows that people in your community are taking care of their environment. Upon their return discuss problem areas and what could be done.
<i>This activity centres on Catholic values and virtues such as....</i>	Care for God’s Creation: Creation is a gift from God God created all things Humans must care for the earth—being a good steward of creation in God’s name Each must work for the common good
Grade 1	Lesson 11: Deciding Together
<i>This activity can strengthen the teaching of Catholic values and virtues:</i>	Page: 63 Activity Title: Decisions—Good or Bad? Outcome(s): 1.1.2.1; and 1.1.2.4; and 1.1.4.4 God has given us the gift of free choice. God wants us to always make the right choice, but we can make bad ones. God does not want this, but allows it. When we make a bad choice or choose the wrong thing to do, we disobey God. We need to make the best use of our abilities to benefit others and ourselves. Students will brainstorm with you situations in which decisions had to be made. Examples might be conflicts on the playground. They will draw a picture to illustrate the event in which a decision needed to be made. They will then explain the decision-making involved and the consequences that followed.
<i>This activity centres on Catholic values and virtues such as....</i>	God gives us the capacity to make free choices God wants us to make good choices; there are consequences for acting wrongly—we sin The needs of all people must be observed All human life is sacred, life is precious, and people are more important than things

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Unit 3: Geographic Features of Our Community

Grade 1	Lesson 12: What are some familiar places and landmarks in our community?
<i>This activity can strengthen the teaching of Catholic values and virtues:</i>	Page: Activity Title: Outcome(s): A modified activity is not required.
<i>This activity centres on Catholic values and virtues such as....</i>	
Grade 1	Lesson 13: How can you use a simple map to find your way?
<i>This activity can strengthen the teaching of Catholic values and virtues:</i>	Page: Activity Title: Outcome(s): A modified activity is not required.
<i>This activity centres on Catholic values and virtues such as....</i>	
Grade 1	Lesson 14: Which places and landmarks are special features of your community?
<i>This activity can strengthen the teaching of Catholic values and virtues:</i>	Page: 81 Activity Title: A Catholic Landmark Outcome(s): 1.1.5.2 Remind the students that landmarks can be natural or built by people. Ask the children to share what they have learned about familiar places and landmarks in their community and how they would use them to help find their way. Show the students a digital picture of the Catholic church in your community. What features are on or around the building to help you know that it is a Catholic church? How does God help you find your way?
<i>This activity centres on Catholic values and virtues such as....</i>	Call to Family, Community, and Participation Discerning personal vocation—God’s call and our response Deepening the appreciation of belonging to the Catholic community where we celebrate our belonging
Grade 1	Lesson 15: What are some differences between urban communities and rural communities?
<i>This activity can strengthen the teaching of Catholic values and virtues:</i>	Page: 86 Activity Title: Rural and Urban Journey Outcome(s): 1.1.1.1; and 1.1.5.3 The children will discover that in many rural communities there are no

	<p>longer any churches to which they can go to celebrate their belonging. They would have to travel to an urban centre to find a church. Give the students a piece of paper. They can illustrate a rural community on one half of the page and an urban community on the other half. Then they will map the roads that show how they would get to the church in the urban community.</p>
<p><i>This activity centres on Catholic values and virtues such as....</i></p>	<p>Call to Family, Community, and Participation The importance of celebrating Mass in community</p>

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Unit 4: My Family—Moving Forward with the Past

Grade 1	Lesson 16: How have you changed over time?
<i>This activity can strengthen the teaching of Catholic values and virtues:</i>	<p>Page: 94 Activity Title: I Have Changed! Outcome(s): 1.2.2 Read to the students a story about Jesus’ early life. They should know when and where he was born, where he lived, and how he learned about God from his parents and in school with the other young boys in his community. Have the students discuss and compare themselves with Jesus’ early life. The students will draw two pictures about Jesus’ early life, and two of their own.</p>
<i>This activity centres on Catholic values and virtues such as....</i>	<p>Call to Family, Community, and Participation We grow and achieve fulfillment in relationship (family, community) Call to be people of God, to live out our faith in family and community</p>
Grade 1	Lesson 17: How has your family changed over time?
<i>This activity can strengthen the teaching of Catholic values and virtues:</i>	<p>Page: Activity Title: Outcome(s): A Modified activity is not required.</p>
<i>This activity centres on Catholic values and virtues such as....</i>	
Grade 1	Lesson 18: How can you tell something recent from something long ago?
<i>This activity can strengthen the teaching of Catholic values and virtues:</i>	<p>Page: 102 Activity Title: Changes in My Family Outcome(s): 1.2.2.1; and 1.2.2.4 Discuss with the children the life of Jesus. For example, His birth, His ministry, His death on the cross, His resurrection and how it affected His family (Mary, the disciples, etc.) and changed it. (Gospel readings on Jesus’ birth, ministry, death, and resurrection can be read to the students to illustrate Jesus’ life.) Have the students create a visual illustrating change in their family. Finish these sentences and explain how life is different in their family because of certain events having taken place. My family changed when _____. My life is different now because _____.</p>
<i>This activity centres on Catholic values and virtues such as....</i>	<p>Call to Family, Community and Participation—live out our faith in our family and in our community The humanity of Christ Taking care of others is holy work</p>

Grade 1	Lesson 19: Gabrielle's Family Story
<i>This activity can strengthen the teaching of Catholic values and virtues:</i>	<p>Page: 106</p> <p>Activity Title: Family Traditions</p> <p>Outcome(s): 1.2.1.6</p> <p>Students will likely have many small traditions that they follow within their families and communities. A family and a community have many different small traditions that they share throughout the year. Brainstorm a list of these traditions. This lesson will focus on Christmas in the Catholic tradition. (Any other Catholic tradition could be used.)</p> <p>Celebrating the birth of Jesus at Christmas contributes to our identity and sense of belonging to the Catholic Church and our family. Model for the students by telling a few stories about your own Christmas traditions. Have the students share their own Christmas tradition. Different cultures have different traditions.</p>
<i>This activity centres on Catholic values and virtues such as....</i>	<p>Call to Family, Community, and Participation</p> <p>Call to worship in community</p>

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Unit 5: My Community—Moving Forward with the Past

Grade 1	Lesson 20: How can communities change over time?
<i>This activity can strengthen the teaching of Catholic values and virtues:</i>	Page: 114 Activity Title: Changing Over Time Outcome(s): 1.2.1.2 We learn about our past as followers of Christ from stories in the Bible. Even though the stories were told to people in a different time and place, the message of Jesus remains the same. We can identify with His message today. Read a parable that Jesus taught and have the students identify the message for us today. (Luke 15: 4-6 The Parable of the Lost Sheep.)
<i>This activity centres on Catholic values and virtues such as....</i>	Call to Family, Community, and Participation God wants to gather all people into a family—we belong to God’s family Jesus invites us to love others as He loves us
Grade 1	Lesson 21: Asking Questions About My Community’s Past
<i>This activity can strengthen the teaching of Catholic values and virtues:</i>	Page: 119 Activity Title: The Parish Connection—A Call to Social Justice Outcome(s): 1.S.1.1 Invite someone from your parish to visit your class to tell a story about an immigrant family being welcomed into the Church community. Prepare the students ahead of time by discussing questions they might want to ask about the family, and how the Church welcomed them.
<i>This activity centres on Catholic values and virtues such as....</i>	Social Justice Solidarity of the Human Family—a willingness and readiness of those better off to share with those less fortunate
Grade 1	Lesson 22: How has Calgary changed over time?
<i>This activity can strengthen the teaching of Catholic values and virtues:</i>	Page: 123 Activity Title: Catholic School Wall of Fame Outcome(s): 1.2.1.4 You will need to identify some key people who have contributed or are contributing to your Catholic school community. Provide information about these individuals to research. Students will choose one of these individuals and do a <u>(Name of School) Wall of Fame</u> poster. Help the students understand that people contribute to our school community and help to shape and change it, promoting the values of the Catholic Church, over time.
<i>This activity centres on Catholic values and virtues such as....</i>	Call to Family, Community, and Participation Rights and Responsibilities of the Human Person Life and Dignity of the Human Person
Grade 1	Lesson 23: We celebrate our stories and traditions.
<i>This activity can strengthen the teaching of Catholic values and virtues:</i>	Page: 129 Activity Title: We Celebrate! Outcome(s): 1.2.1.2; and 1.2.1.6

	<p>Send a note home to parents asking them for a picture or symbol of their child's baptism to share at school. Ask parents to share a story about their child's baptism with them.</p> <p>Discuss the sacrament of baptism with the class and how it is a special celebration in our Catholic church. Jesus promised to send the Holy Spirit and we are baptized in the Spirit. With the class reflect on the celebration. (For those students who are not baptized, suggest they bring a picture of a Catholic tradition celebrated by their family at Christmas or Easter).</p> <p>Take a picture of the child holding their symbol. Give them a coloured sheet of paper and have them make a card using the picture and help them to write a short message about the celebration of their baptism or another Catholic tradition.</p>
<p><i>This activity centres on Catholic values and virtues such as....</i></p>	<p>Rights and Responsibilities of the Human Person Call to Family, Community, and Participation Baptism calls us to service</p>