



Grandma's Good Food

Page 1

Activity BLM: Grandma's Book

Grade 1

Materials

- *Grandma's Good Food* BLM pages 2–4
- scissors, glue
- magazines (optional)

Directions

1. Photocopy and colour BLM page 2. Shape can be cut out.
2. Photocopy 2 copies of BLM page 3.
3. Staple the 4 pages to the shape on BLM page 2.
4. Top page is the cover. Four pages (including back) are for the 4 food groups.
5. Write the title on the front cover — *Grandma's Good Food*.
6. Cut and paste group names, one on each page. Cut and paste food pictures on correct page.
Or use magazine pictures instead.

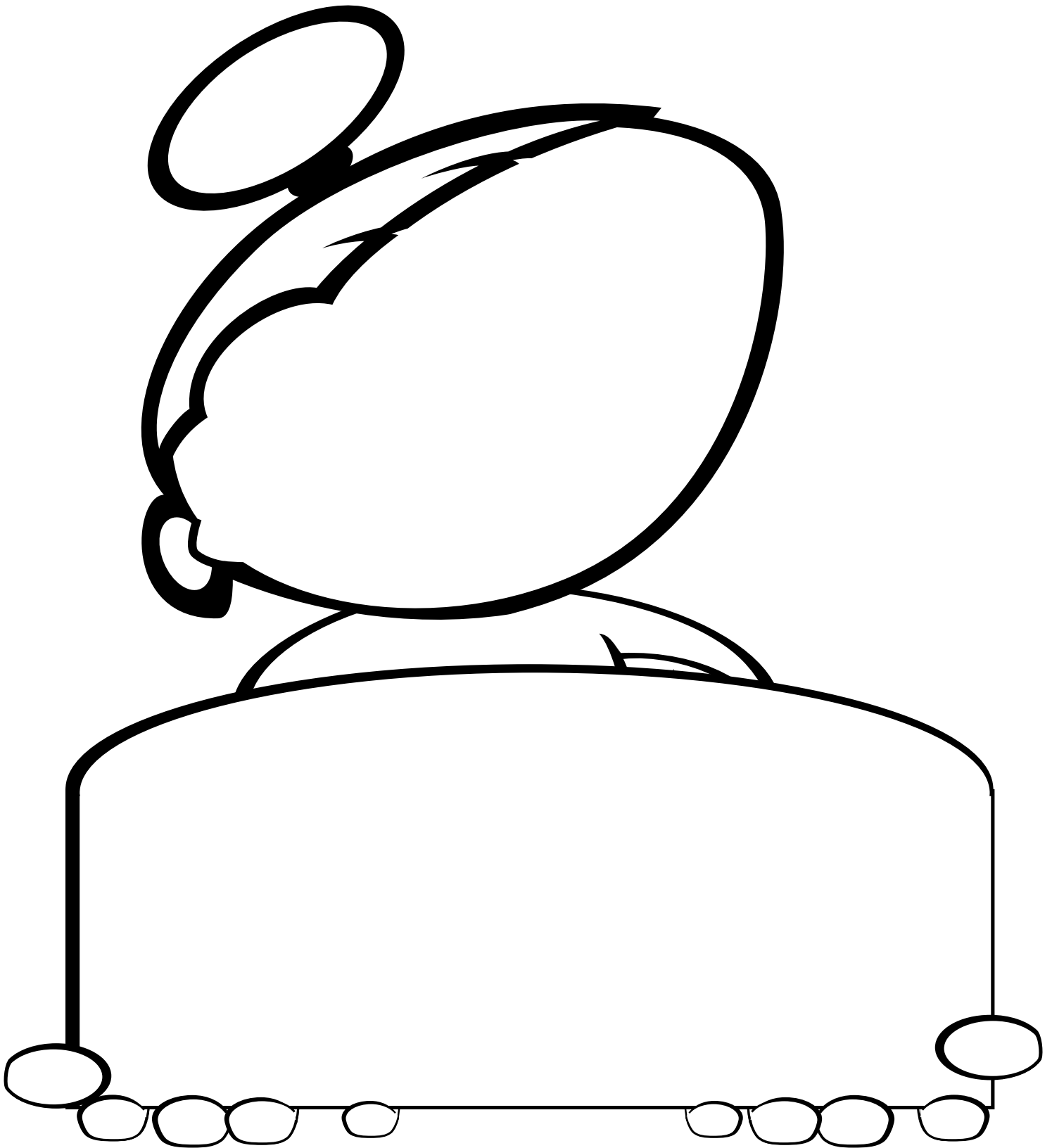
Language Activity

Students classify foods into the four main food groups to make Grandma's book.

Grandma's Good Food

Activity BLM: Grandma's Book

Grade 1

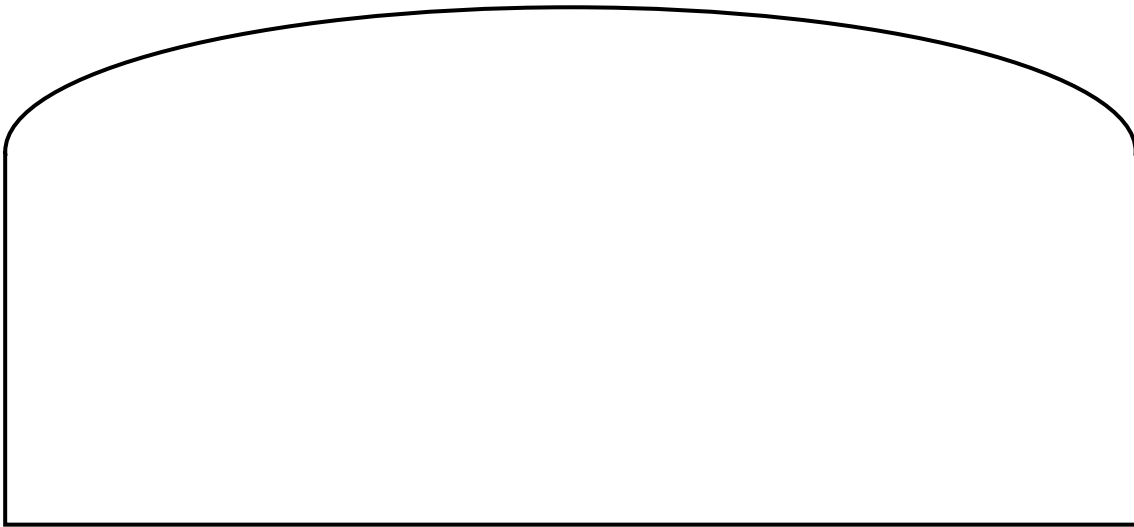
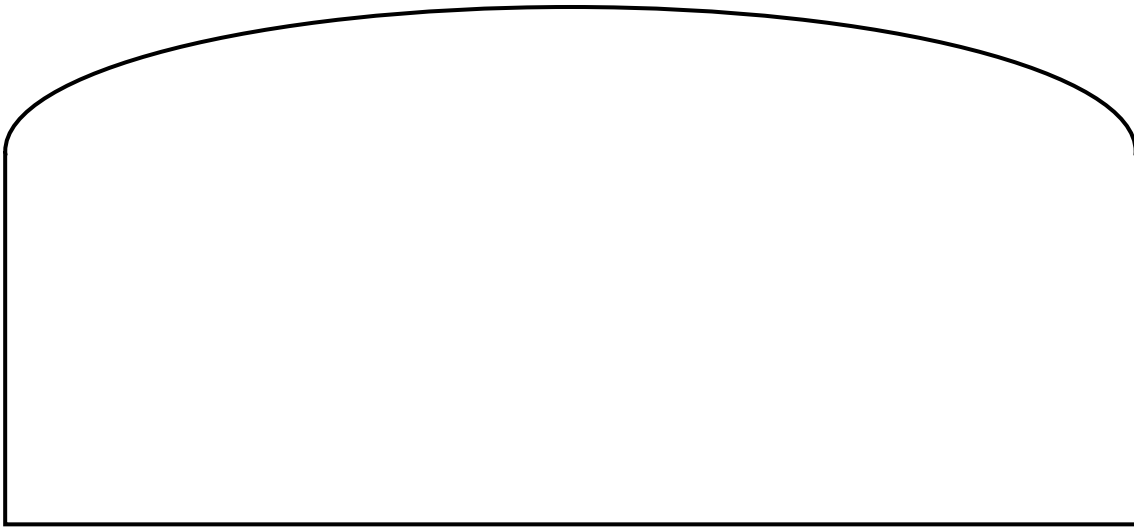




Grandma's Good Food

Activity BLM: Grandma's Book

Grade 1



Grandma's Good Food

Activity BLM: Grandma's Book

Grade 1

Grain Products

Vegetables and Fruits

Milk Products

Meat, Fish, and Beans

